



vegetarian & vegan night

This evening we are offering the following options in addition to our regular menu.

Please visit our website for details on future events

www.craneandpelican.com

or find us on Facebook

Starters

Vegan Hotwings - Tasty seitan winglets, skewered, breaded, and seasoned with zesty Buffalo wing sauce

Sandwiches

Korey's King Burgers - Tasty grilled black bean / quinoa patty flavored with tomatoes, spinach, and cumin. Topped with fresh basil leaves and roasted red pepper coulis. Served on our toasted Ciabata.
option of cheese (vegetarian)

Veggie Pita - Sauteed red & green peppers, mushrooms, zucchini, onions, artichokes, tomatoes, garlic, and choice of cheese (vegetarian) or hummus (vegan). Served on warmed pita bread with pickle and a side of waldorf salad (vegan) \$8

Suppers

Grilled Vegan Kabobs - Grilled and skewered fresh baby bella mushrooms, zucchini, yellow squash, red and green peppers, and onion served on long grain and wild rice pilaf with a side of mandarin orange and balsamic vinegar reduction.

Spinach & Nut Pasta - Sauteed garlic, onion, pine nuts, spinach, and portabella mushrooms simmered with eggless tri-color rotini in white wine and herbs
(parmesan cheese curls optional)